



## SPA FACE

We believe in treating the root cause of your skin challenges, resulting in effective and long lasting results. Our highly trained aestheticians will customize a regime focused on naturally improving your skin's appearance. The Spa at Markville always uses the highest quality, world renowned skincare brands as part of our professional treatments, and will offer you a spascripton of recommended home care products to prolong your results at home. Begin your experience here... and if you are unsure which treatment is best suited for your skin, an aesthetician is standing by and happy to assist you.

### **Our Signature Facial ..... 75 min.**

The most requested facial at the Spa at Markville! An intense deep cleansing detox for your skin, and an excellent starting point in taking your skin to improved levels. This facial is recommended for all skin types and a "must-have" if you're new to the facial experience.

**Add-on:** Optimum Hydrating Treatment

(Recommended for dry or dehydrated skin. Restores balance to skin's moisture and lipid levels)

## ANTI-AGING & REJUVENATING

### **C-Spa Overhaul..... 75 min.**

A powerful vitamin C antioxidant treatment designed to delay the signs of aging and to completely rejuvenate the skin. This treatment overhaul will help reduce the appearance of fine lines and wrinkles, even out your complexion, and restore a youthful glow to the skin.

### **Hydratherapy FIRM ..... 75 min.**

In this treatment, we bring out the big guns! Using our best anti-aging vitamin serums and potions, our goal is to stimulate collagen and elastin, lifting and toning your skin to perfection. The results are dramatic, leaving your skin with the luster of youth.

### **TMT Skin Rejuvenation ..... 60 min.**

"Transcutaneous Mesodermic Therapy" is a revolutionary device that penetrates ingredients into the skin via the transitory opening of micropores - without the use of needles! Spectacular results are achieved after just one treatment. Turning back time has never looked or felt this good!

## HYDRATING & ILLUMINATING

### **Optimal Lumifacial ..... 120 min.**

Promoting cell rejuvenation from within, we combine light therapy, microdermabrasion and micronized currents to turn back the clock on aging and renew your complexion. This is an excellent treatment to restore sun-damaged skin and lighten pigmentation. Results are visible, immediately!

## CLARIFYING & CALMING

### **Puracne ..... 75 min.**

Finally, a healing spa solution for a more calm & clear complexion. This treatment regulates the overactive glands that produce excess oil, and increases cellular oxygenation for a natural detoxifying effect. Pores will be refined and skin texture radiant.

### **Rosacea CALM ..... 75 min.**

Sensitive skin? Thought you couldn't have a facial? It's just a myth! Our most calming, yet active of treatments are designed to deliver highly healing and comforting ingredients to the skin. Instant relief for those suffering from dilated capillaries, congestion, blotchiness and irritability. Instantly calm... instantly renewed. Ahhh...

## ORGANIC

### **Mother Nature's Best ..... 75 min.**

Using only the finest 100% organic ingredients, we customize a treatment-oriented facial that will take you away on a sensorial journey. Excellent for all skin conditions and totally customized based on your needs and desires. Only the best, provided by Mother Nature.

### **Organically Menopausal ..... 75 min.**

It's time to celebrate your change of life, mother earth's way! We captured all the essential vitamins and nutrients from fresh organic fruits and plants that are good enough to eat. Addressing the many hormonal changes that affect the skin, this treatment will leave you with desirable skin for weeks to come.

## FACIAL INTENSIFIERS

*Intensifiers can be a compliment to any facial or a powerful treatment all on their own.*

### **Eye & Lip Contouring ..... 30 min. (or within the course of a facial)**

A mini facial for eyes and lips, hydrating and smoothing the areas for an intense anti-aging effect.

### **Renewal Skin Peeling..... 30 min. (or within the course of a facial)**

An intensive deep exfoliation through active ingredients applied to the skin. Suitable for all skin types.

### **Microdermabrasion ..... 15 min. (only available throughout the course of a facial)**

Intensified exfoliation using crystal technology will enhance the absorption of all the active ingredients used within the course of your selected facial.



Markville Shopping Centre  
5000 HWY #7 East, Suite 402C, Markham ON L3R 4M9  
tel: 905.513.0045 • fax: 905.887.2600

**Spa Hours:** Monday to Friday: 10:00am - 8:00pm

Saturday: 9:30am - 6:00pm

Sunday: 12:00 noon - 5:00pm

**[www.spaatmarkville.com](http://www.spaatmarkville.com)**

Join us! 



## MEDISPA SERVICES

All medical aesthetic services are performed by certified aestheticians. Optimal results are achieved by a customized treatment regime, and often consist of a series of treatments to address skin conditions and to produce long lasting results. Our medical spa treatments are results-oriented, and often use elements of modern technology in combination with the most active ingredients available to treat and provide solutions for deep skin challenges. An in-depth skin and health analysis is mandatory in prescribing your personalized treatment course. Prices are based and quoted upon your free consultation.

### INTENSE PULSE LIGHT (IPL)

Otherwise known as laser, IPL technology is a more effective, safer, and pain reduced way to achieve desired results on the face and body. Our treatments are conducted with the latest technology, offering you comforts that will make your treatment course virtually pain-free. Consulting with one of our IPL certified aestheticians will provide solutions for a multitude of different skin concerns. Excellent package prices are available with flexible payment plans to suit any budget.

#### **Permanent Hair Reduction ..... time varies upon treatment area**

We offer non-invasive, clean and relatively painless treatment for permanent reduction of hair. Suitable for any body area and size, from bikini line and upper lip to larger areas such as legs, back and abdomen. Our unique smooth pulse technology is safe and reliable – offering excellent results with minimum discomfort.

#### **Skin Rejuvenation..... 30 min.**

This intense treatment simultaneously treats the three elements of sun-damaged, environmentally polluted and aging skin by coagulating blood vessels, eliminating pigmented spots and refining skin texture. Rejuvenation treatments are available for face, neck, chest and hands; eliminating sun spots, dilated blood vessels and small lines and enlarged pores. There is absolutely no down-time after this treatment.

#### **Vascular & Pigmented Lesions ..... 30 min.**

This is rapidly becoming the treatment of choice for people seeking a cleaner, fresher skin texture. We effectively treat a range of vascular lesions; telangiectasia, erythema, rosacea and broken capillaries. This treatment is also effective for a range of superficial pigmentation; dyschromia, solar lentigo, mottled pigmentation and melasma.



## COSMELAN SKIN REJUVENATION

This medical grade treatment is formulated through technology to act deeply within the skin, correcting the following skin conditions:

- hyperpigmentation • acne/acne scarring • premature aging

Results are gradual, although noticeable within the first week and recommended for anyone wanting to experience vibrant, brighter looking skin. Home care maintenance is suggested for optimal results. All treatments are 30 minutes.

## ADVANCED FACIAL PEELS

Facial peels are the pioneer in medical aesthetic procedures, and introduced to help achieve a smoother more refined skin texture. We offer a selection of deep active ingredients that will help target specific skin concerns, optimally done in a series of treatments or to compliment any of our other medaesthetic services.

*All treatments are 30 minutes.*

Glycolic – to fight and refine the signs of aging

Salicylic – to tighten pores and regulate acne and oil production

Lactic – to deeply hydrate dehydrated skin for a softer, smoother finish

Mandelic – to reduce photo aging, acne, and hyperpigmentation for a refined, even complexion.

### **Microdermabrasion Exfoliation ..... 60 min.**

Using microscopic crystal technology, this is the secret to flawless skin! New cell growth is promoted through a deep exfoliation of the dead skin cells affixed to the skin surface. The result is glowing, radiant skin and smooth, minimized pores.

### **Facelift Now ..... 60 min.**

For those that need results... today! Using micro currents to stimulate the muscles and activate blood and lymph circulation, this fusion of active ingredients and technology will leave visible results of tightening and firming of the face and neck. After only one treatment, skin is taught and smooth.



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## SPA BODY

It is just as important to take care of our bodies as it is the skin on our face. After all, our skin is a product of what is happening internally. Knowing this, the Spa at Markville has designed a luxurious body regime, designed to detoxify, clarify and stimulate the skin on the body, working simultaneously to relax the mind. All of our body therapies come complete with exfoliation and a neck, scalp and shoulder massage. For long term results, a series of treatments is recommended.

### STIMULATE

#### **Purifying Back Facial ..... 60 min.**

We've got your back with this detoxifying treatment for that one area that's so often hard to reach! Think of this as an intense facial for the back, clearing and toning the skin. Perfect for problem skin or before wearing that strapless black number you love.

#### **Citrus Rose Scrub & Massage ..... 55 min.**

When you blend the zesty scents of oranges and limes with the sweet floral fragrance of roses...what do you get? Salvation for dehydrated skin, and peace of mind and body! This treatment will leave you glowing on the inside and out.

#### **Slimming Mud Wrap ..... 70 min.**

This anti-toxin wrap has the ability to stimulate, eliminate toxins, slim and firm. Experience the luxury and be at one with the earth, as we use the richest form of mud available to revitalize your body.

### RELAX

#### **Green Tea & Lime Leaf Dream..... 70 min.**

A powerful anti-oxidant blend that helps soothe anxiety, improve circulation and invigorate the meridians to restore depleted energy and renew your sense of calm. Warm green tea is served to enhance the experience and help you let go....

#### **Total Renewal....Total Calm ..... 70 min.**

Luxurious exfoliation followed by a calming aromatherapy stone massage. The purest of essential oils are custom blended to enhance your desired mood, while heated stones warm and soothe your body. This cocoon of moisture is accompanied by a heavenly foot massage to promote the deepest state of relaxation. You have been waiting a long time for this!



**Outer-Body Organic!.....90 min.**

Imagine being transported to a kind of heaven on earth as your therapist polishes away dry, dull skin with the use of special techniques. Next, a blend of organic plant extracts is smoothed over your body as we perform a warm stone facial massage. Two of our experienced therapists massage your body with warm essential oils, from head to toe, leaving your body remarkably radiant and your mind relaxed. Ahhh!

**SUNLESS**

**Airbrush-me Bronze.....25 min.**

Do you have a few minutes to spare? Desiring a beautifully bronzed face and body without the harmful effects of the sun? No ifs, no buts, no streaks, no orange...just radiant, golden skin – guaranteed for 5-7 days after treatment. Who says you can't have it all?



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## SPA HAIR REMOVAL

Always adhering to the most sanitary of standards, we are experts in the hair removal department! Our waxing services are comfortable, soothing, and targeted to your needs, catering to all body parts. We are proud to offer the highest quality of wax for all skin types. For waxing alternatives, we also offer **electrolysis technology** for a more permanent solution, and are masters in the ancient **art of threading**. Not sure which method to use? One of our experts can suggest the best treatment solution for you. For a more permanent solution, refer to our MediSpa services section under **IPL hair reduction**.

WAXING	Price FEMALE	Price MALE
Full Arms	\$48	\$50
Half Arms	\$32	\$38
Full Legs	\$58	\$65
Half Legs	\$38	\$45
Full Legs w/ Bikini	\$73	
Half Legs w/Bikini	\$58	
Bikini Line	\$30	
Mexican Bikini	\$38	
Brazilian/Full Monte	\$59	
Under Arms	\$25	
Upper Lip	\$15	
Chin/Cheeks	\$15	
Eyebrows	\$16	\$20
Eyebrow Reshape	\$25	
Full Back		\$55
Full Chest		\$55
Shoulders		\$25
THREADING		
Full Face	\$45	
Full Face & Brows	\$60	
Upper Lip	\$18	
Chin/Cheeks	\$18	
Eyebrows	\$18	\$22
Eyebrow Reshape	\$30	
ELECTROLYSIS		
Per minute (A minimum of 15 min.)	\$1.50	\$1.50




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## MASSAGE THERAPY

We are proud to offer many options in the world of massage; from Registered Massage Therapy (yes, we accept your company benefits), to traditional types of massage, and very exotic therapies where techniques have been taken from all parts of the world. The healing benefits of massage are countless, and we pride ourselves on providing the most professional, relaxing and serene environment for you to reenergize your body and mind.

### TRADITIONAL

**Swedish Massage .....55 min./85 min./115 min.**

These age old techniques are tried, tested and true! Pressure is regulated to your preference to release knots and tension in the body, combined with effleurage movements that will effectively ease tired and achy muscles. Increases range of motion and blood circulation.

**Localized Head, Neck, Shoulders & Back ..... 30 min. /55 min.**

This concentrated massage targets and releases tension in the places it builds the most. A variety of techniques are employed, instant relief guaranteed.

**Massage pour Deux (Massage for Two).....55 min./85 min.**

A memorable experience for couples, friends or relatives wanting to enjoy the healing benefits together, in the comfort of our room for two. You will have two highly trained therapists providing a variety of techniques to promote relaxation, where you can fall into a state of bliss....together.

### EXOTIC

**Warm Stone Massage .....70 min./85 min./115 min.**

**Localized Head, Neck, Shoulders & Back ..... 40 min.**

Taken from the healing rituals of worldwide native cultures, Warm Stone offers a journey unlike any other form of massage. Heated stones in the highly skilled hands of our therapists ease away the tensions of life and induce ultimate relaxation.

**Natural Healing Bamboo Massage ..... 55 min.**

Using freshly cut bamboo of varying diameters and lengths, this is a deep tissue massage that dramatically reduces tension, relieves tightness in muscles and tendons, and stimulates the flow of blood and lymph. An unmatched earthly massage experience.



**Raindrop Therapy..... 70 min.**

Our ultimate aromatherapy escape! Nine carefully selected essential oils are layered onto your body in sequence. Using the purest of essential oils and techniques that engage your body's internal system, this is a treatment with long lasting results. Excellent for boosting the immune system and an avenue to release all the pent up stress we sometimes harbour. For five to seven days afterwards you feel the extraordinary results of this potent therapy.

**Oriental Harmony.....55 min.**

Not two, but a four-hand synchronized massage. Does it get any better than this? Two therapists work in tandem, promoting an overwhelming sense of relaxation, and total mental bliss.



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## SPA HANDS & FEET

Our popular manicure and pedicure services all employ the highest of sanitization standards. Each of our services comes complete with shaping, buffing, cuticle treatment, exfoliation and popular polish colour of your choice.

### HANDS

**Signature Manicure** ..... 45 min.

**\*Express Manicure** ..... 30 min.

**Hot Cream Manicure** ..... 45 min.

Highly recommended for extremely dry cuticles and nail beds. All of the amazing benefits of our signature manicure with the addition of a hot cream soak.

**Lacquer Gel Manicure**..... 45 min.

Hello Flawless! Two week perfect, no chip, high-gloss shine is here! Email, Tweet, Blog away. Write that novel with flawless nails all the way through!

### FEET

**European Pedicure** ..... 60 min.

Ever popular! Complete with an herbal soak and all the fixings to make feet soft and smooth.

**\*Express Pedicure**..... 45 min.

**Foot Therapy** ..... 30 min.

Your feet represent a map of your entire body. Nerve endings correspond to each and every organ. An Herbal Foot Soak and exfoliation, followed by reflexology style massage to your feet and lower legs will leave you walking on clouds.

**Heated Stone Therapy** ..... 75 min.

The ultimate in foot pampering. Your experience begins with the European pedicure, followed by a warm stone massage and a warm, hydrating paraffin wrap. Total heaven on earth!

\*Express services do not include massage

### HANDS & FEET INTENSIFIERS

**Warm Paraffin** ..... 15 min.

**Polish Change** ..... 15 min.



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## THE MAKEUP EXPERIENCE

Mineral makeup is the perfect addition and compliment to any skin tone or condition. Made exclusively from micronized minerals and pigments, we provide a wide range of colours and textures to enable each individual to wear their makeup with confidence and style. A complimentary five-minute mineral makeup introduction is included with any spa facial treatment, at your request. Welcome to our world of mineral makeup – the only makeup truly good for the skin.

### **Day or Evening Look ..... 45 min.**

A mineral makeup application that will enhance your look for any special occasion – day or night. Colours and textures are specially selected and professionally applied after our personalized makeup consultation.

### **The Makeup Lesson ..... 60 min.**

This session is a one-on-one, in-depth educational lesson for advice and guidance on the colours and textures most suitable for your skin and personality. Totally personalized, we review application techniques and tricks that will bring your inner Diva out, and empower you to pick up that makeup brush and create!

### **Bridal Makeup ..... 45 min. trial/45 min. day of wedding**

Makeup on your special day is just as important as the gown itself! Ensuring that everything compliments and follows the theme of your day, our makeup professionals will customize a look for you and your wedding party that will leave your guests breathless.



## SPA TREATS

**Ear Candling ..... 45 min.**

A simple effective method for removing ear wax build up and impaction from within the ear canal.

**Eyelash Tinting ..... 30 min.**

Enhance your wink with a quick coat of brown, black, blue-black or jet black dye. This enhancement makes lashline look bolder and longer, lasting up to three weeks.

**Eyebrow Tinting..... 15 min.**

Guaranteed to boost your brow power and your angled arches.

**Eyebrow & Eyelash Combo ..... 30 min.**

**Smile FX ..... 30 min.**

Imagine a whiter, brighter smile! Our technique utilizes the latest in whitening technology – always safe, always effective and always 2 to 7 shades lighter in just one treatment! Now that's something to smile about!



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## MANSCAPING

Services specifically designed for men – to keep you looking and feeling your best.

### HANDS & FEET

**MANicure** ..... 45 min.

Great hands say a lot about a man! Come in and get them groomed and detailed, with all the fixings.

**Sport Pedicure** ..... 60 min.

You don't have to play sports to maintain your feet, but we thought that might get your attention! Let us tailor your toes and take some stress out of those tired feet with a warm mineral soak. It's fitness for your feet!

### FACIAL

**Homme Improvement Facial**..... 75 min.

This totally customized facial begins with an upper back, shoulders and neck massage. Designed to relieve the skin of the environmental irritations and shaving, skin will be left purified and hydrated.

### HAIR REMOVAL

We offer different options for hair removal, depending on whether you are looking for a quick fix or something more permanent. One of our spa professionals will be happy to assist you with the options best for you, and suggest helpful treatment routines that will keep hair in its place. Please refer to our Spa Hair Removal section for specific body areas.

IPL (LASER) – permanent hair reduction, upon consultation

WAXING

THREADING

ELECTROLYSIS

### MASSAGE THERAPY

Our Aestheticians and Registered Massage Therapists offer an array of advanced techniques. Please refer to our Massage Therapy section to read about your choices. Your company benefits are accepted.



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## SPA PACKAGES

Escape for a morning, an afternoon...or why not an entire day? Our packages are designed to provide total pampering and renewal as a remedy to a busy and stressful life. A perfect give for you, or for someone you love. Isn't it time?

### **Escape From Reality ..... 3.5 hours**

We all need a little escape from time to time. We've provided you a healthy spa alternative to otherwise drastic measures!

Includes: A 55 minute Full Body Relaxing Massage  
A European Pedicure  
A Spalicious Lunch  
A Signature Manicure

### **The Remedy ..... 3.5 hours**

It's just what the doctor ordered: guilt-free indulgence for the soul. No prescription required.

Includes: A Head, Neck, Shoulders & Back Massage  
A Customized Botanical Facial  
A Spalicious Lunch  
A European Pedicure with a Warm Hydrating Paraffin Treatment  
A Signature Manicure

### **True To Myself ..... 4.5 hours**

Know your limits. Take the time to unwind and rejuvenate. You and those around you will be glad you did.

Includes: A Silky Body Scrub & Shea Butter Massage  
An Anti-Aging Customized Facial  
A Spalicious Lunch  
A Toe-Tally Pedicure  
A Signature Manicure



**Unity ..... 4 hours**

The couple that “spas” together, stays together! Take advantage of some quality time with your honey...reconnect.

- Includes: A 55 minute Relaxing Massage for Two  
An Homme Improvement Facial for Him  
A Customized Treatment Facial for Her  
A Spalicious Lunch for Two  
A Sport Pedicure for Him  
A European Pedicure for Her

**Smitten..... 6 hours**

Warning: The message this gift sends is “I’m crazy for you!” Be prepared.

- Includes: A Luxurious Body Treatment of her choice  
A 55 minute Full Body Relaxing Massage  
A Spalicious Lunch  
A Customized Facial  
A European Pedicure  
A Signature Manicure  
A Surprise Spa Gift Bag

**manSPAcE ..... 4 hours**

Hey handsome! Time and space designed for you.  
Time for revival...admit it, you need it!

- Includes: A 55 Minute Full Body Relaxing Massage  
An Homme Improvement Facial  
A Spalicious Lunch  
A Sport Pedicure



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# PRICE LIST

SPA FACE	TIME	PRICE	
Signature Facial	75 min.	\$92	
Hydrate Add-On	Included	\$22	
<b>Anti-Aging &amp; Rejuvenating</b>			
C-Spa Overhaul	75 min.	\$135	
Hydratherapy FIRM	75 min.	\$135	
TMT Skin Rejuvenation	60 min.	\$155	
<b>Hydrating &amp; Illuminating</b>			
Optimal Lumifacial	120 min.	\$235	
<b>Clarifying &amp; Calming</b>			
Puracne	75 min.	\$92	
Rosacea CALM	75 min.	\$110	
<b>Organic</b>			
Mother Nature's Best	75 min.	\$110	
Organically Menopausal	75 min.	\$110	
<b>Facial Intensifiers</b>			
Eye & Lip Contouring	30 min.	\$35	
Renewal Skin Peeling	30 min.	\$35	
Microdermabrasion	15 min.	\$80	
MEDISPA SERVICES	TIME	PRICE	
<b>Intense Pulse Light (IPL)</b>			
IPL Permanent Hair Reduction	n/a	Upon consultation	
IPL Skin Rejuvenation	30 min.	Upon consultation	
IPL Vascular & Pigmentation	30 min.	Upon consultation	
<b>Cosmelan Skin Rejuvenation</b>			
Cosmelan Hyperpigmentation	30 min.	Upon consultation	
Cosmelan Acne/Acne Scarring	30 min.	Upon consultation	
Cosmelan Premature Aging	30 min.	Upon consultation	
<b>Advanced Facial Peels</b>			
Glycolic Peel	30 min.	\$68	
Salicylic Peel	30 min.	\$68	
Lactic Peel	30 min.	\$68	
Mandelic Peel	30 min.	\$68	
Microdermabrasion Peel	60 min.	\$130	
Facelift Now	60 min.	\$85	
SPA BODY	TIME	PRICE	
<b>Stimulate</b>			
Purifying Back Facial	60 min.	\$75	
Citrus Rose Scrub & Massage	55 min.	\$85	
Slimming Mud Wrap	70 min.	\$108	
<b>Relax</b>			
Green Tea & Lime Leaf Dream	70 min.	\$105	
Total Renewal...Total Calm	70 min.	\$110	
Outer-Body Organic!	90 min.	\$140	
<b>Sunless</b>			
Airbrush-me Bronze	25 min.	\$60	
MASSAGE THERAPY	TIME	RMT Price (receipt provided)	Aesthetician Price
<b>Traditional</b>			
Swedish Massage	55 min.	\$95	\$80
Swedish Massage	85 min.	\$140	\$115
Swedish Massage	115 min.	\$190	\$155
Massage pour Deux	55 min.	\$175	\$155
Massage pour Deux	85 min.	\$260	\$220
Head, Neck, Shoulders, Back	30 min.	\$55	\$48
Head, Neck, Shoulders, Back	55 min.	\$95	\$80
<b>Exotic</b>			
Warm Stone Massage	70 min.	\$125	\$105
Warm Stone Massage	85 min.	\$150	\$125
Warm Stone Massage	115 min.	\$200	\$165
Warm Stone Massage (localized)	40 min.	\$80	\$65
Natural Healing Bamboo Massage	55 min.	\$115	\$90
Raindrop Therapy	70 min.	n/a	\$150
Oriental Harmony	55 min.	\$175	\$135

HANDS & FEET	TIME	PRICE
<b>Hands</b>		
Signature Manicure	45 min.	\$30
Express Manicure	30 min.	\$20
Lacquer Gel Manicure	45 min.	\$40
Hot Cream Manicure	45 min.	\$35
<b>Feet</b>		
European Pedicure	60 min.	\$59
Express Pedicure	45 min.	\$48
Foot Therapy	30 min.	\$42
Heated Stone Therapy	75 min.	\$78
<b>Hands &amp; Feet Intensifiers</b>		
Warm Paraffin	15 min.	\$15
French Polish	n/a	\$6
Polish Change	15 min.	\$18
SPA TREATS & THE MAKEUP EXPERIENCE	TIME	PRICE
<b>The Makeup Experience</b>		
Day or Evening Look	45 min.	\$48
The Makeup Lesson	60 min.	\$65
Bridal Makeup Trial	45 min.	\$85
Bridal Makeup	45 min.	Included
<b>Treats</b>		
Ear Candling	45 min.	\$55
Eyelash Tinting	30 min.	\$26
Eyebrow Tinting	15 min.	\$20
Eyebrow & Eyelash Combo	30 min.	\$42
Smile FX	30 min.	\$79
MANSCAPING	TIME	PRICE
<b>Spa Hands &amp; Feet</b>		
MANicure	45 min.	\$30
Sport Pedicure	60 min.	\$59
<b>Facial</b>		
Homme Improvement Facial	75 min.	\$92
<b>Hair Removal</b>		
See Spa Hair Removal Section		
<b>Massage Therapy</b>		
See Massage Therapy Section		
SPA PACKAGES	TIME	PRICE
Escape From Reality	3.5 hrs.	\$165
The Remedy	3.5 hrs.	\$199
True To Myself	4.5 hrs.	\$265
Unity	4 hrs.	\$440
Smitten	6 hrs.	\$399
manSPaCe	4 hrs.	\$225



spa at markville


Markville Shopping Centre  
5000 HWY #7 East, Suite 402C, Markham ON L3R 4M9  
tel: 905.513.0045 • fax: 905.887.2600

**Spa Hours:** Monday to Friday: 10:00am - 8:00pm

Saturday: 9:30am - 6:00pm

Sunday: 12:00 noon - 5:00pm

**www.spaatmarkville.com**

Join us! 



## TEEN SPAAHT

the Spa at Markville is here for you through the breakups, acne attacks, and exam anxiety - not to mention the stress on your overworked fingers from texting all day! We have a bunch of feel good services to emphasize learning healthy skin care and a blend of brightly coloured potions and sweet-smelling scents for spraying, slathering, puffing, and buffing!

### Face 101 .....60 min. \$75

A facial designed with your skin concerns in mind. Focusing on complexion challenges like oiliness and acne, this gentle, balancing treatment includes a lesson on how to take care of your skin at home, complete with a personalized home maintenance program designed just for you. Looking great and learning never felt this good!

### Tips 'n Toes.....75 min. \$70

It's the total 5 star combination for your hands and feet!

### Make-up Class .....45 min. \$60

Here's a make-up class you won't mind taking! Whether it's the JLo glow or the sultry Paris lips, we'll start you off with makeup that is suitable for your skin type and challenges. Hot celebs have their own beauty secrets.....now you'll have a few of your own! Shhhh!





**Time-out .....3 hrs. \$155**

That's right.....at the Spa! Forget homework, BBM, drama queens and gossip girls...it's time to focus on beautifying you (o.k. maybe not BBM!). Get that skin in shape, tips & toes gleaming, and a makeup application that will give 'em whiplash. It's all about you this time!

Includes: **Face 101 w/neck, shoulders & back massage**  
**Tips 'n Toes**  
**Spa Lunch**  
**Makeup Class**



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## PRENATAL SPA CARE

It's a special time, a wonderful time – savour it, you are a mom-to-be! Congratulations! the Spa at Markville wants to encourage wellbeing throughout your journey, so we've designed a few delicate therapies to help maintain your skin, body and mind.

### **Tender Heart, Tender Feet .....75 min. \$75**

Beginning with an herbal foot soak to relieve your tired feet, you will receive a full pedicure using products that increase energy levels, reduce swelling and stimulate circulation. A gentle yet firm lower leg and foot massage with a hydrating paraffin treatment makes this a complete treatment for moms-to-be.

### **Organically Glowing.....75 min. \$110**

We are only going to enhance that vibrant glow with this organic balancing facial. Pure ingredients are softly infused into your skin using relaxing techniques. A facial therapy designed with the needs of expectant mothers in mind.

### **Baby Soft Body Glow .....60 min. \$85**

This is an intensive and preventative skin conditioning therapy for the whole body. After your first trimester, we recommend a series of these treatments to help with skin elasticity, ultimately lessening the appearance of stretch marks.

### **Unconditional Love..... 30 min. (head, neck, shoulders & back) \$50 55 min. \$85**

Specially selected oils pamper, soothe and nurture the growing needs of the skin, while relaxing Swedish Massage techniques improve circulation. The torso and abdomen areas are supported throughout the treatment so you can totally give in and let this treatment be your salvation to sore, achy muscles and built up tension.



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